

Horizons Youth Programs

Sample Menu: Week 1

MONDAY

Breakfast :

banana pancakes and bacon

Lunch :

beef nachos and corn

Dinner :

popcorn chicken mac, corn, and cake

TUESDAY

Breakfast :

scrambled eggs, sausage links, and muffins

Lunch :

all beef hot dogs and toppings, baked beans, and chips

Dinner :

pork ribs, tater tots, green beans, and jello

WEDNESDAY

Breakfast :

baked oatmeal cupcake, sausage patty, biscuits

Lunch :

bbq pulled chicken sandwich, potato chips, and cole slaw

Dinner :

fun international night options like carnitas, tikka masala, and kielbasa and pierogies

THURSDAY

Breakfast :

blueberry pancakes and bacon

Lunch :

chicken tenders, mac and cheese, green beans

Dinner :

carne asada, mashed potato, broccoli, and banana pudding

FRIDAY

Breakfast :

hashbrown casserole and biscuits

Lunch :

frito pie, cheese, sour cream, and 5 way vegetables

Dinner :

pizza, chips (individual bags), and cookies

SATURDAY

Breakfast :

apple cinnamon pancakes and sausage patty

Lunch :

corndog, chips, and ranch pasta salad

Dinner :

Huli Huli chicken, Kahlua pork, roasted sweet potatoes, sticky rice, and pineapple upside down cake

SUNDAY

Breakfast :

chef's choice

Lunch :

chef's choice

Dinner :

spaghetti and meat sauce, broccoli, garlic breadsticks, and ice cream cups

Horizons Youth Programs

Sample Menu: Week 2

MONDAY

Breakfast :
funfetti pancakes and sausage patty

Lunch :
doggy mac and 5 way vegetables

Dinner :
lasagna, squash and zucchini, breadsticks, and lemon bars

TUESDAY

Breakfast :
bacon egg & cheese toast and hashbrown patty

Lunch :
crispy chicken tacos, yellow rice, and roasted corn

Dinner :
General Tso's chicken, lo mein noodle, stir fry vegetables, and fortune cookies

WEDNESDAY

Breakfast :
French toast sticks and sausage patties

Lunch :
grilled cheese, fritos, and tomato soup

Dinner :
scrambled eggs, waffles, bacon, and chocolate croissant

THURSDAY

Breakfast :
breakfast taco and tater tots

Lunch :
chicken patty sandwich, fries, and fresh fruit

Dinner :
hamburger, hot dog, baked beans, chips, potato salad, and brownies

FRIDAY

Breakfast :
party pancakes, bacon, and donut holes

Lunch :
chicken quesadilla, chips & salsa, and corn

Dinner :
tortellini, alfredo, marinara, diced chicken, broccoli, garlic bread, and strawberry shortcake

SATURDAY

Breakfast :
continental breakfast: muffins, bagels, fresh fruit, cinnamon rolls

Lunch :
chef's choice

Dinner :
chef's choice

SUNDAY

Breakfast :
french toast and sausage links

Lunch :
chicken nuggets, tater tots, and peas

Dinner :
lasagna, squash and zucchini, breadsticks, and lemon bars